

	ANNEXURE A EAST CAPE CYCLING COLOURS CRITERIA	2019/12/13
		Status: Approved

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1. OFFICIAL COLOURS, EMBLEM AND APPAREL

- 1.1. The official colours and emblem of East Cape Cycling is as per section 6 of the Constitution.
- 1.2. The official apparel of East Cape Cycling is as per section 7 of the Constitution.

2. APPLICATION OF COLOURS

- 2.1. The Commission of the Discipline will determine the awarding of colours in accordance to the criteria laid out in this annexure.
- 2.2. Only Riders who are licensed (Full Racing Licence or CSA Membership) with Cycling South Africa AND belonging to an affiliated East Cape Cycling Club or as an individual that is affiliated as an Associate Member to ECC, shall be eligible for Provincial Colours.
- 2.3. Good standing with East Cape Cycling and the riders District is a prerequisite.
- 2.4. Good sportsmanship and good conduct on and off the field of sport shall always be a prerequisite of any award of colours.

3. PROVINCIAL COLOURS WHEN RECEIVING NATIONAL RECOGNITION

Applicable to Road, Track, MTB, and BMX and is an automatic qualification for Provincial Colours.

3.1. Selected to Represent South Africa

3.1.1. A Rider shall be awarded Provincial Colours if he or she is selected to represent South Africa in any international event and participates in the event for which he or she has been selected.

3.2. Award of SA Colours: (National or Federation Colours)

3.2.1. A Rider shall be awarded Provincial Colours if he or she has been awarded National Colours (Protea or Federation colours) by the National Federation

4. ROAD CRITERIA

Road, Time Trial and Criterium are considered separate disciplines and Road colours will be awarded separately per discipline.

4.1. Provincial Colours – Road Racing

- 4.1.1. Be place 1st, 2nd or 3rd and with a time within 10% of the winner's time in the Road Race at the National Championships.
- 4.1.2. Achieve a podium place at any UCI Accredited Road Race where the rider can accumulate UCI points, as long as his/her time is within 10% of the winner's time.
- 4.1.3. Earn 8 10 or more points per annum in the following manner:
 - 4.1.3.1. Participate at National Championships Road Race and finish within 10% of the winning time in his/her age category = 3 points
 - 4.1.3.2. Participate in Provincial Championships and earn points for placings in the road race:
 - 1st = 6 points,
 - 2nd = 5 points,
 - 3rd = 4 points,
 - 4th = 3 points,
 - 5th = 2 points,
 - 6th = 1 point

Points will only be achieved if the finishers time is within 10% of the Winner's time
4.1.3.3. Participate in District Championships and earn points for placings in the road race:
1st = 3 points,
2nd = 2 points,
3rd = 1 point
Points will only be achieved if the finishers time is within 10% of the Winner's time.

4.1.3.4. Participate in a race that forms part of the national Road series and earn points for placings in his/her respective age category:
1st = 3 points,
2nd = 2 points,
3rd = 1 point
Points will only be achieved if the finishers time is within 10% of the Winner's time.

4.1.3.5. Only the top 4 results of each rider, as noted in point 4.1. will be considered for scoring towards Provincial colours

4.2. Provincial Colours – Time Trial

4.2.1. Be place 1st, 2nd or 3rd and with a time within 5% of the winner's time in the Time Trial at the National Championships.

4.2.2. Achieve a podium place at any UCI Accredited Time Trial where the rider can accumulate UCI points, as long as his/her time is within 5% of the winner's time.

4.2.3. Earn 8 or 10 or more points per annum in the following manner:

4.2.3.1. Participate at National Championships Time Trial and finish within 5% of the winning time in his/her age category = 3 points

4.2.3.2. Participate in Provincial Championships and earn points for placings in the time trial:

1st = 6 points,
2nd = 5 points,
3rd = 4 points,
4th = 3 points,
5th = 2 points,
6th = 1 point

Points will only be achieved if the finishers time is within 10% of the Winner's time.

4.2.3.3. Participate in District Championships and earn points for placings in the time trial:

1st = 3 points,
2nd = 2 points,
3rd = 1 point

Points will only be achieved if the finishers time is within 10% of the Winner's time.

4.2.3.4. Only the top 4 results of each rider, as noted in point 4.2. will be considered for scoring towards Provincial colours

4.3. Provincial Colours – Criterium Racing

4.3.1. Be placed 1st, 2nd, or 3rd in the Criterium Race at the National Championships.

4.3.2. Achieve a podium place at any UCI Accredited Criterium Race where the rider can accumulate UCI points

4.3.3. Earn 8 or more points per annum in the following manner:

4.3.3.1. Participate in Provincial Championships and earn points for placings in the criterium race:

1st = 6 points,
2nd = 5 points,
3rd = 4 points

4.3.3.3. Participate in District Championships and earn points for placings in the criterium race:

1st = 3 points,
2nd = 2 points,
3rd = 1 point

4.3.3.4. Only the top 4 results of each rider, as noted in point 4.3. will be considered for scoring towards Provincial colours.

4.4. District Colours

4.4.1. District colours are a level below provincial colours and awarded to riders who do not score the 8 or 10 or more points for provincial colours but scored 6 or 7 points where the requirement is 8 points and 8 or 9 points where the requirement is 10 points using the above specified criteria and scoring.

4.4.2. Participating in a Local Road Race, Time Trial or Criterium Event which has been identified as an event with a high enough standard and variety for all age groups by the local District Road Commissioner as an event where points can be awarded. Riders will then be able to earn points for placings in the specific event in the following manner:

1st = 3 points
2nd = 2 points
3rd = 1 point

Points will only be achieved if the finishers time is within 10% of the Winner's time.

NB! Road Commissioners will need to ensure that the public is aware that they can earn points at the selected event and that it is well advertised with sufficient notice period of 30 days.

4.4.3. Only the top 4 results of each rider, as noted in point 4.5. will be considered for scoring towards Provincial colours.

4.5. General – Road, Criterium and Time Trial

4.5.1. Period of recognition is per annum which will be from December to November the following year so that provincial and district prize giving can be held between September and November.

Recognition period is thus 12 months and points may not be carried over from one period to other.

4.5.2. Points as specified and allocated above for Provincial and District Championships Road, Time Trial, and Criterium, are awarded irrespective of how many riders are participating in an age group.

4.5.3. If no district championship road race takes place in a district, the district road commissioner must nominate one external road race, within the specific District, at the start of the year that will be in place of the district championship race or series of races.

4.5.4. If no district championship Time Trial takes place in a district, points will only be available from National Championships Time Trial and Provincial Championships Time Trial.

4.5.5. If no district championship Criterium takes place in a district, points will only be available from National Championships Criterium and Provincial Championships criterium.

4.5.6. If a rider cannot take part in an event where they could possibly have been awarded points, due to other National duty where the rider represented South Africa at an international accredited event, the District Road Commissioner may adjust the criteria to take the specific event into account.

4.5.7. Should a rider feel that he/she has achieved exceptional results that are not part of the above criteria, or where they were unable to participate due to medical reasons, he/she can make representation to his/her District Commissioner for the awarding of District and/or Provincial colours. The Provincial Road Commission's (consisting of all District Road Commissioners) decision shall be final.

5. TRACK CRITERIA 2025

The awarding and receiving of Track Cycling colours should be both motivating and inspiring for the recipient and should be such that it is seen as a way to develop both the cyclist and the sport of cycling in the Districts and Province. Colours will only be awarded to candidates who meet the criteria, provided they are in good standing within the province (East Cape Cycling). Performances in provincial and national events will be used to judge and select candidates for colours.

The criteria used will be as follows for Provincial Colours:

5.1 South African Representation

5.1.1. If selected to represent South Africa during the qualifying year and they represent SA as selected.

OR

5.2 National Participation Criteria

Provided that the participant has participated in their selected events in at least 50% of the individual's District Races, as well as the Eastern Cape Provincial Champs.

5.2.1. **Win a medal (top 3) Top 5** at the National (SA) Track Championships, or

5.2.2. Break a South African Track Record.

OR

5.3 Provincial Participation

5.3.1 Individuals need to participate in their selected events in at least 50% of the District Track Events and a National event to be considered for Provincial Colours; AND

5.3.2. Be placed in the top 3 in the Eastern Cape Champs in an Individual or Madison

5.4 District Track Colours

5.4.1. Individuals need to participate in their selected events in at least 50% of the District Track Events and Eastern Cape Champs to be considered for District Colours; AND

5.4.2. Be placed in the top 3 in the Eastern Cape Champs in an Individual or Madison

OR

5.4.3. Finish the District series in 1st place if there were at least 2 riders in the individual's events in the series overall, or 1st or 2nd if there were at least 3 riders overall in the age category.

5.5 Other

5.5.1. Should a rider feel that he/she has achieved exceptional results that are not part of the above criteria, or where they were unable to participate due to medical reasons, he/she can make representation to his/her District Commissioner for the awarding of District and/or Provincial colours. The Provincial Track Commissions (consisting of all District Track Commissioners) decision shall be final.

6. MTB CRITERIA

The awarding and receiving of Mountain Bike Cycling colours should be both motivating and inspiring for the recipient and should be such that it is seen as a way to develop both the cyclist and the sport of cycling in the Districts and Province.

Cyclists can achieve the following cycling colours:

6.1 Provincial Cycling Colours – the highest cycling award in the province – aimed at the top

cyclists that participate at Provincial and National level

6.2 District Cycling Colours – not on the same level as the Provincial colours – aimed at motivating

local district cyclists to become more competitive and aim for Provincial, National and International participation.

6.3 Colours Criteria for XCO:

6.3.1. Provincial Cycling Colours:

6.3.1.1. First place at Provincial XCO Championship provided there are 3 or more cyclists starting in the Age Category. The candidate ~~must also needs to~~ compete in ~~75%~~ ALL 3 of 3 races of the Provincial XCO Cup Series.

6.3.1.2. Achieve a podium position in any National XCO Cup Series event or the National XCO Championship, provided there are more than 5 riders starting in the Age Category and have participated in ~~50%~~ ALL 3 of 3 races of Provincial XCO events.

6.3.1.3. Finish in the top five in the National XCO Cup Series, provided there are more than 8 riders in the overall series in the Age Category.

6.3.1.4. Chosen for the Provincial team two times in a calendar year and represents the province at the respective National XCO Cup Series in that same year.

6.3.1.5. Finish in the top 3 in the Provincial XCO Cup series (~~best 3 of 4 races~~) In ALL 3 of 3 races provided there were 5 or more riders on average per category over all events. If there were 3 or 4 riders per category on average across all events, only the top placed rider per category will be eligible. Provided the rider competes in ~~75%~~ 100% of the XCO Cup series and average time is within 10% of the winner's time

6.3.1.6. If less than 3 riders competing, then the average time needs to be within 15% of the top 3 male's average time in the same age category. ~~Best 3 of 4 races.~~

6.3.1.7. If ~~more less~~ than 3 riders compete ~~ing~~ on average across the series, then:

a. In the case of female riders – the time must be within ~~45%~~ 20% of the average of the 3 top male riders of the same age category.

b. In the case of male riders – The time must be a minimum of 15% faster than the average of the top 3 female riders of the same age category. The times will be calculated on the average lap time for the individual race.

6.3.1.8. In the year that a cyclist is awarded his/her District Colours for a third time, he/she will qualify for full Provincial colours, provided that he/she has not qualified for Provincial colours in any of those three years.

6.3.1.9. Should a rider feel that he/she has achieved exceptional results that are not part of the above criteria, or where they were unable to participate due to medical reasons, he/she can make representation to his/her District Commissioner for the awarding of Provincial colours. The Provincial MTB Commissions decision shall be final.

6.4 Colours Criteria for XCC:

6.4.1. Provincial Cycling Colours:

6.4.1.1. Achieve a podium position in any National XCC Cup Series event or the National XCC Championship, provided there are more than 5 riders starting in the Age Category and have participated in ~~50%~~ all of the Provincial XCO events.

6.4.1.2. Finish in the top five in the National XCC Cup Series, provided there are more than 8 riders in the overall series in the Age Category.

6.4.1.3. First place at Provincial XCC Championship if there are 3 or more cyclists starting in the Age Category, provided they have competed in ALL of the Provincial XCC Cup series ~~races~~.

6.4.1.4. Finish in the top 3 in ALL the Provincial XCC Cup series races (~~best 3 of 4~~) Provided there were 5 or more riders on average per category over all events. If there were 3 or 4 riders per category on average across all events, only the top placed rider per category will be eligible. Provided the rider competes in ~~75%~~ 100% of the XCC Cup series races and average time is within 10% of the winner's time.

6.4.1.5. If less than 3 riders competing, then the average time needs to be within 15% of the top 3 male's average time in the same age category. Best 3 of 4 races.

6.4.1.6. If more than 3 riders competing on average across the series, then:

- a. In the case of female riders – the time must be within 15% 20 % of the average of the 3 top male riders of the same age category.
- b. In the case of male riders – The time must be a minimum of 15% faster than the average of the top 3 female riders of the same age category.

The times will be calculated on the average lap time for the individual race.

6.4.1.7. In the year that a cyclist is awarded his/her District Colours for a third time, he/she will qualify for full Provincial colours, provided that he/she has not qualified for Provincial colours in any of those three years.

6.4.1.8. Should a rider feel that he/she has achieved exceptional results that are not part of the above criteria, or where they were unable to participate due to medical reasons, he/she can make representation to his/her District Commissioner for the awarding of Provincial colours. The Provincial MTB Commissions decision shall be final.

6.4.2. District Cycling Colours for XCO & XCC:

6.4.2.1. Finished 2nd or 3rd at the Provincial XCO/XCC Championship provided there are 5 or more cyclists in the Age Category, and they have participated in at least 50% of the Provincial Cup series event.

6.4.2.2. At the end of the Provincial Cup series the top three District cyclists (who did not qualify for Provincial colours) per age category who have participated in all District events will qualify for District colours, provided:

6.4.2.3.1. The top ranked cyclist if there are three or less cyclists in the Age Group in the series and time is within 20% of winners time.

6.4.2.3.2. The top two ranked cyclists if there are four or less cyclists in the Age Group in the series within 20% of the winner's time.

6.4.2.3.3. The top three ranked cyclists if there are more than 8 cyclists in the Age Group in the series.

6.4.3. Points system:

Points will be allocated as per the following system:

6.4.3.1. Points will be allocated to the top 10 positions as follows:

1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
15	12	10	8	7	6	5	4	3	2

6.4.3.2. Every finisher from position 11 will receive 1 point.

6.5 Colours Criteria for XCM:

6.5.1. Provincial Cycling Colours:

6.5.1.1. Achieve a podium position in any National Cup series event or the National Championship, provided there were more than 5 riders in the Age Group.

6.5.1.2. First place at Provincial XCM Championship – provided there are 3 or more cyclists starting in the Age Group. Candidate also needs to compete in all of the XCM Cup Series in the respective district.

6.5.1.3. Should a rider feel that he/she has achieved exceptional results that are not part of the above criteria, he/she can make representation to his/her respective District Commissioner for the awarding of Provincial colours. The Provincial Colours Award Commission will review the achievements, and their decision shall be final.

6.5.1.4. District XCM Cup series events to be published by the District MTB Commissioner by the 30 January.

6.5.2. District Colours:

6.5.2.1. Finish 2nd or 3rd at the Provincial XCM Championship provided there are more than 5 cyclists in the Age Group.

6.5.2.2. The District Commissioner will select 2 local Marathon races that will form the District XCM series. At the end of the series (top 2 results) - the top three district cyclists that did not qualify for Provincial Colours in the Age Group will qualify for District colours. The points structure that will be used is as follows:

6.5.2.3.1. Riders MUST ride in their maximum allowed distance to qualify for series points.

6.5.2.3.2. Cyclists must cycle in both selected races.

6.5.2.3.3. The top 20 riders per age category will score points as follows:

1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
200	170	150	135	125	120	115	110	105	100
11 th	12 th	13 th	14 th	15 th	16 th	17 th	18 th	19 th	20 th
96	92	88	84	80	76	72	68	64	60

6.5.2.4. Should a rider feel that he/she has achieved exceptional results that are Not part of the above criteria, he/she can make representation to his/her District Commissioner for the awarding of District colours. The district Commissioner's decision shall be final.

7. DOWNHILL COLOURS CRITERIA:

7.1. Provincial Cycling Colours:

7.1.1. Achieve a podium position at any National DOWNHILL Cup Series event or the National DOWNHILL Cup Series Championship, provided there are more than 5 riders starting in the Age Group.

7.1.2. Finish in the top three in the National DOWNHILL Cup Series, provided there are more than 5 riders in the overall series in the Age Group.

7.1.3. Should a rider feel that he/she has achieved exceptional results that are Not part of the above criteria, he/she can make representation to his/her District Commissioner for the awarding of District colours. The district Commissioner's decision shall be final.

7.2. South African Representation

7.2.1. If selected to represent South Africa during the qualifying year and they represent SA as selected.

8. ENDURO COLOURS CRITERIA:

8.1. Provincial Cycling Colours:

8.1.1. Achieve a podium position at any National ENDURO BMX Cup Series event or the National ENDURO Cup Series Championship, provided there are more than 5 riders starting in the Age Group.

8.1.2. Finish in the top three in the National ENDURO Cup Series, provided there are more than 5 riders in the overall series in the Age Group.

8.1.3. Should a rider feel that he/she has achieved exceptional results that are Not part of the above criteria, he/she can make representation to his/her District Commissioner for the awarding of District colours. The district Commissioner's decision shall be final.

8.2. South African Representation

8.2.1. If selected to represent South Africa during the qualifying year and they represent SA as selected.

9. BMX COLOURS CRITERIA:

9.1. Provincial Cycling Colours:

9.1.1. Achieve a podium position at any National BMX Cup Series event or the National BMX Cup Series Championship, provided there are more than 5 riders starting in the Age Group.

9.1.2. Finish in the top three in the National BMX Cup Series, provided there are more than 5 riders in the overall series in the Age Group.

9.1.3. Should a rider feel that he/she has achieved exceptional results that are Not part of the above criteria, he/she can make representation to his/her District Commissioner for the awarding of District colours. The district Commissioner's decision shall be final.

9.2. South African Representation

9.2.1. If selected to represent South Africa during the qualifying year and they represent SA as selected.

10. AWARDING OF PROVINCIAL COLOURS IN RESPECT OF OFFICIALS

10.1. Colours to Officials

10.1.1. If an Official of ECC has in the opinion of the Executive Committee or an Affiliated Club rendered outstanding service to cycling, he / she may be recommended for colours by the Executive Committee or any affiliated club.

The Executive Committee to make final decision based on the motivation provided with the recommendation.

10.1.2. To qualify for the Colours, the nominee concerned shall have complied with the following requirements:

- He / she must have rendered at least 5 (five) years continuous meritorious and active service to ECC and an affiliated club or cycling in general in an administrative or official capacity.

Document History

January 2025:	Road Criteria – Point 4.1.3.4 Added in RED Mountain Bike – Point 6.3 & 6.4 – Amendments in RED and Strike Out for deleted portions. Track – Point 5.2.1 - Amended
January 2024:	Road Criteria – Points system amended General expanded. Mountain Bike – XCC added Downhill added Enduro added
January 2023:	Road Criteria Changes: Add Criterium Racing Track Criteria Changed MTB Criteria Changed BMX Criteria Added Minor corrections to grammar and spelling
December 2019:	Road criteria changed to points system and separating between Road Race and Time Trial and MTB criteria 6.4.2 modified
November 2018:	MTB criteria changed
December 2016:	Road criteria changed
November 2014:	Road and Track criteria changed from points system to provincial participation i.e. 4.2 and 5.2 changed